

Time and Activity Chart – Muffins (makes about 6 muffins)

Line muffin pan with liners						
Preheat oven to 400°F						
¾ cup flour	Mix in large bowl	Mix 20 strokes	Fill muffin pan cups 2/3 full	Bake at 400°F for 20 minutes	Cool 10 minutes in the pan	Transfer muffins to wire rack to finish cooling
1/8 tsp salt						
1½ TBS sugar						
Leavening agent						
2 TBS vegetable oil	Mix in small bowl					
2 TBS egg						
¼ cup milk						
¼ cup warm water						

Leavening agent options:

No leavening agent

1 ½ tsp baking soda

½ tsp baking soda and 1 tsp cream of tartar

½ tsp baking soda and to the wet ingredients 1 tsp vinegar

1 ½ tsp baking powder

3 tsp baking powder

2 tsp yeast