

# Biking @ Dickinson

Sustainability  
Community  
Education  
Safety  
Recreation



## RULES of the ROAD

**Follow the Law**— It's the safest way to ride. Bicyclists have the same rights and duties as other drivers and need to follow the same traffic laws.

**Be Predictable**— Ride in a straight line, signal turns, and check behind you before turning or changing lanes.

**Be Conspicuous** — Ride where drivers can see you. Use lights at night and wear bright clothing.

**Be Aware**— Anticipate the next move of drivers, other cyclists, and pedestrians. Watch for debris, potholes, and grates.

**Bike Ready**— Tires need air, brakes must work, chains should run smoothly, and quick release levers must be closed. Carry repair and emergency supplies and always wear a helmet!

To receive information about bike events, Handlebar hours, and other bike-related opportunities, email [biking@dickinson.edu](mailto:biking@dickinson.edu) and request to be put on the Dickinson Biking listserve!



The Dickinson campus & surrounding community provide bike-friendly routes, resources, and recreational opportunities. Dickinson's sustainability initiatives promote biking through both our Red and Green Bike loan programs, The Handlebar Bicycle Co-Op, communication networks for cyclists, biking events, and educational programming.... Get involved!

## Why Bike?



### 1. FOR YOUR HEALTH & WELL-BEING

Riding a bike increases cardiovascular fitness, strength, balance, and stamina. Fresh air and exercise are critical to your health, and biking is a proven stress reliever. Do it for your state of mind!

### 2. FOR YOUR COMMUNITY

More and more people are biking to connect with their community. On a bike you are part of the community. You can see people, talk to people, travel, and support local businesses. Take one more car off the road and go biking!

### 3. FOR THE ENVIRONMENT

Biking reduces traffic fuel consumption and air pollution, as bikes do not produce emissions. Bikes can also put people in touch with the environment around them. Find out what is around you; explore!

E-mail [biking@dickinson.edu](mailto:biking@dickinson.edu) for more information  
<http://blogs.dickinson.edu/dickinsonbikes/>



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# THE HANDLEBAR BICYCLE CO-OP



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**Reduce. Reuse.  
Recycle. Redefined.**

Located in Davidson-Wilson  
Residence Hall off Dickinson Walk

For Current Handlebar Hours:

[blogs.dickinson.edu/dickinsonbikes](http://blogs.dickinson.edu/dickinsonbikes)

or email

[biking@dickinson.edu](mailto:biking@dickinson.edu)

## **VOLUNTEERS WANTED**

Calling all cyclists,  
recreationalists,  
tinkerers, educators,  
and bike enthusiasts!

.....  
The Handlebar needs  
volunteers.

Come by and learn  
how to fix your bike,  
build a bike, work with  
tools, or share what  
you already know  
with others. If you are  
a hands-on learner  
with a passion for  
community  
empowerment, then  
The Handlebar is the  
place for you.






**Build your skills.**

**Educate the  
community.**

**Volunteer at  
The Handlebar.**

The Handlebar is Dickinson's on-campus Bicycle Co-Op. The Handlebar serves as a living laboratory for sustainability education by providing a context for meaningful service, community building, resource sharing, and experiential learning. The Handlebar provides the necessary tools, equipment, and space for bike repairs, maintenance, knowledge sharing, and networking.

## **At The Handlebar Students, Faculty & Staff:**

-  Work as leaders and volunteers, teaching others the skills of bike repair and maintenance.
-  Build and maintain Green Bikes for the bike-loan program.
-  Develop bike mechanic and leadership skills.
-  Participate in a campus program that reclaims and reuses materials to provide a valuable, environmentally-friendly workspace to the Dickinson community.
-  Promote life skills for a more active, healthier, and sustainable lifestyle.

**Stop by to tune-up your bike, share parts & tools, meet volunteers,  
network with other cyclists, or inquire about our programs.**

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# PA Bike Laws & Safety

[blogs.dickinson.edu/dickinsonbikes/safety-tips](https://blogs.dickinson.edu/dickinsonbikes/safety-tips)

**Obey Traffic Signals** – All traffic signals must be followed by motor vehicle drivers and cyclists.

**Keep Right** – PA law states that vehicles proceeding at less than the normal speed of traffic must be driven/ridden in the right hand lane or as close as practicable to the right hand curb when possible.

**Ride Big** – Take up the whole lane if it is unsafe for a vehicle to pass you. PA law requires motor vehicles give cyclists 4 ft. of space on all sides so ride boldly!

**Use Lights and be Conspicuous** – Any bike that is ridden between sunset and sunrise must have a front light, side reflectors, and rear reflectors, and all must be visible from 500 ft. away. It is also advisable to wear bright and reflective clothing whenever you ride, especially at night. Lights and reflectors will help you see where you're going and helps motorists see you!

**Lock your Bike** – It's very easy to steal a bike that's not locked up; a bike is its own getaway vehicle! Make sure to lock up both the frame **and** front wheel; a thief can remove a wheel in mere seconds.

**Ride with Traffic** – Riding against traffic is illegal and dangerous! Riders must obey all motor vehicle laws, such as riding with traffic. Riding against traffic also increases the speed of a potential crash, which increases the likelihood of serious injury or death. In addition, motorists aren't expecting traffic to be coming the other way and might overlook a biker who is riding against traffic.

**Wear a Helmet** – While adults are not required by Pennsylvania law to wear a helmet when biking, it is still highly advised. Crashes are unpredictable, and even crashing at a slow speed can cause injury or result in a fatality.

**Ride on the Road** – In Pennsylvania, bikes are prohibited on sidewalks in business districts or when a bike lane is provided adjacent to the sidewalk - meaning most of downtown Carlisle. It is also much safer to ride on the road. Bike crashes are twice as likely to occur when riding on the sidewalk rather than the road.

## Local Biking

[blogs.dickinson.edu/dickinsonbikes/routes](https://blogs.dickinson.edu/dickinsonbikes/routes)

### Bike-to-Farm from Kaufman Hall Easy and Scenic

Road Ride: 7.2 miles

1. Head east on **W Louthier St** toward Quarry 1.1 mi
2. Turn right onto **N Spring Garden St** 2.5 mi
3. Turn left at **Bonnybrook Rd** 1.9 mi
4. Turn left at **E Old York Rd/PA-174** 292 ft
5. Immediate right onto **Lerew Rd** 1.3 mi
6. Turn left at **Park Dr** 0.3 mi

Turn left into **Dickinson College Organic Farm**

Alternative Route: 6.9 miles

1. Head east on **W Louthier St**
2. Turn onto **S Hanover St** 0.6 mi
3. Turn right onto **S Bedford St** 0.2 mi
4. Turn left onto **LeTort Spring Run Nature Trail** 0.4 mi
5. Turn right onto **S Spring Garden St** 1.7 mi
6. Follow directions above starting at step 3 0.2 mi

E-mail [biking@dickinson.edu](mailto:biking@dickinson.edu) for more information  
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### Also Bike-able

**Walmart & Regal  
Cinema**  
60 Noble Blvd.

**Giant Foods  
(Grocery)**  
255 S. Spring  
Garden Rd.

**Market Cross Pub**  
113 N. Hanover St.

**Rita's**  
500 S. Hanover St

**Leo's Ice Cream**  
816 W. High St.

**Farmers on the  
Square Market**  
(Wed 3-7 pm)  
Corner of N.  
Hanover St. and  
High St.

**Weis Markets  
(Grocery)**  
351 East High St.

**Pomfret Street:**  
-Gaia Café,  
-Pomfret St. Books,  
-Artist Market  
-Pat Craig Studios  
-Trattoria Piatto

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# Red Bikes vs. Green Bikes

## Free Daily & Long-Term Bike Loan

The Department of Public Safety (DPS) oversees the **Red Bike Program**, which supports the college's sustainability efforts. The red bikes are for use by Dickinson College students, faculty, staff, alumni, and their families. Red bikes are available for single-day use from dawn until dusk and are free of charge.



### Red Bike Checkout



- Visit DPS in Kaufman Hall
- Loans are for one day only between dawn and dusk
- Cruiser and Mountain Bikes available
- Complete a waiver & leave your college ID with DPS attendant
- You will be provided with a helmet if you would like one
- Report any concerns upon return

The Center for Sustainability Education (CSE) manages the **Green Bike Program** to increase bicycle use on campus while supporting sustainable reuse of bikes and bike parts. Students, faculty, and staff can be loaned a Green Bike for an entire semester, as long as they provide a refundable \$25 cash deposit.



### Green Bike Checkout



- E-mail [biking@dickinson.edu](mailto:biking@dickinson.edu) to request a bike
- Attend a 30 minute training session
- Come to CSE with \$25 & college ID
- Sign waivers, then receive the bike, a lock, and a helmet
- Bike styles determined by availability
- Use it all semester
- Return bike at end of the semester
- Obtain \$25 refund if bike, lock, and helmet are in good order

## Bike Storage

### Free Long-Term Indoor Bike Storage

- Coordinated by the Center for Sustainability Education (CSE), 190 Kaufman Hall
- Free winter (December to early March) and summer (Early May to late August) storage
- Students studying abroad can also store their bikes for the semester or year
- Locked facility inside Kaufman Hall
- Watch for published dates on the biking website and emails



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