When you first turn on your GoPro, it will be on Video mode.

- Video quality
- Number of videos recorded
- Battery left
- Connected to Wifi

1. To adjust the Camera's video settings, tap the back screen.

2. After unlocking the screen, click the "wrench" button on the side of the GoPro to access the settings menu.

On the back screen you can adjust the video settings for more specialized shots.
Use the "mode" button to cycle through shooting modes. These include video, still photo, and time lapse video.

1. Press "mode" once
   - Image quality
   - Number of photos already stored
   - Photos remaining on battery of life

2. Press the "wrench" button on side of GoPro
   - Use "megapixels" to adjust the field of view as well

3. Press "mode" again
   - Time between each shot

4. Press the "wrench" button on the side of GoPro
   - Mode: Time Lapse
   - Interval: 5 Seconds
1. Use "mode" button to get to "playback"

2. Tap the back screen when this image appears to access files

3. Choose the "menu" button on this screen to choose how you want to view files

4. Scroll down to "delete"

5. "Select all" to wipe the micro SD card before returning