

Time and Activity Chart – Muffins (makes about 6 muffins)

Line muffin pan with liners						
Preheat oven to 400°F						
¾ cup flour	Mix in large bowl	Mix 20 strokes	Fill muffin pan cups 2/3 full	Bake at 400°F for 20 minutes	Cool 10 minutes in the pan	Transfer muffins to wire rack to finish cooling
1/8 tsp salt						
1½ TBS sugar						
1 ½ tsp baking powder						
2 TBS vegetable oil	Mix in small bowl					
2 TBS egg						
¼ cup milk						
¼ cup warm water						