

The Sum of Squares Formula

The sum of squares of the first k numbers: $1^2 + 2^2 + \dots + k^2 = k \cdot (k+1) \cdot (2k+1) / 6$.

One can prove this formula by induction but here is a geometric interpretation of this algebraic result based on the discussion surrounding Equation (19) p. 259 of Chakerian and Erfle, "Up the Hill and Down Again," **College Mathematics Journal**, Vol. 64, No. 4, September 2023.

Since this book is more casual in nature than a journal article, the argument is built out a bit more here. In particular, the argument is presented for two specific values of n before asserting a general answer.

Consider a triangle of numbers with each row being a series of odd numbers. The first row is the first odd, the second the first two and so on. The k^{th} row would have the first k odd numbers, the last of which is $2k-1$. Two such triangles are shown below, the first with three rows, and the second with four.

We know from [gnomons](#) that the first k odd numbers is k^2 so the sum of numbers in a k row triangle is $1^2 + 2^2 + \dots + k^2$.

Let S be this sum. If we write S three ways as noted in the first example, vertically aligned with one another, we end up with the same kind of magic that Gauss saw in summing the first n numbers; these three ways create columns that sum to the same number.

$$\begin{array}{r}
 1 \\
 1 \quad 3 \\
 1 \quad 3 \quad 5 \\
 \hline
 \Sigma = S
 \end{array}
 \begin{array}{l}
 = 1^2 \\
 = 2^2 \\
 = 3^2 \\
 \hline
 \Sigma = S
 \end{array}$$

The first and last columns show us that this number is the bottom right number from the triangle plus 2 (5+2 with 3 rows, 7+2 with 4 rows, and $2k-1+2$ with k rows). Therefore, in the general setting the number is $2k+1$.

$$\begin{array}{l}
 S = 1 + (1 + 3) + (1 + 3 + 5) \quad \text{by row left to right} \\
 S = 1 + (3 + 1) + (5 + 3 + 1) \quad \text{by row right to left} \\
 S = 5 + (3 + 3) + (1 + 1 + 1) \quad \text{by diagonal} \\
 \hline
 3S = 7 + (7 + 7) + (7 + 7 + 7) = 7 + 7(1+1) + 7(1+1+1) = 7(1+2+3) = 7\Delta_3 \\
 \text{So } 3S = 7 \cdot 6 = 42, S = 14
 \end{array}$$

We can pull out the common 7, 9, or $2k+1$ from each term and we are left with a lot of 1s. Each row (of the triangle) has a different number of 1s (noted in the parentheses in the first example) with the k^{th} row having k 1s. Rewriting these 1s, we have $1+2+3+\dots+k$ or the k^{th} [triangular number](#), Δ_k , of 1s.

$$\begin{array}{r}
 1 \\
 1 \quad 3 \\
 1 \quad 3 \quad 5 \\
 1 \quad 3 \quad 5 \quad 7 \\
 \hline
 \Sigma = S
 \end{array}
 \begin{array}{l}
 = 1^2 \\
 = 2^2 \\
 = 3^2 \\
 = 4^2 \\
 \hline
 \Sigma = S
 \end{array}$$

$$\begin{array}{l}
 S = 1 + (1 + 3) + (1 + 3 + 5) + (1 + 3 + 5 + 7) \\
 S = 1 + (3 + 1) + (5 + 3 + 1) + (7 + 5 + 3 + 1) \\
 S = 7 + (5 + 5) + (3 + 3 + 3) + (1 + 1 + 1 + 1) \\
 \hline
 3S = 9 + (9 + 9) + (9 + 9 + 9) + (9 + 9 + 9 + 9) = 9\Delta_4 \quad S = 9 \cdot 10 / 3 = 30
 \end{array}$$

Putting this all together we have:

$$3S = (2k+1)\Delta_k = (2k+1)k(k+1)/2.$$

Dividing by 3 and recalling that S is the sum of the first k squares we have:

$$1^2 + 2^2 + \dots + k^2 = k \cdot (k+1) \cdot (2k+1) / 6.$$