

Now Serving: Local Food

A look at the use of local sources in
your menu

Matthew Biette, Director of Dining
Middlebury College



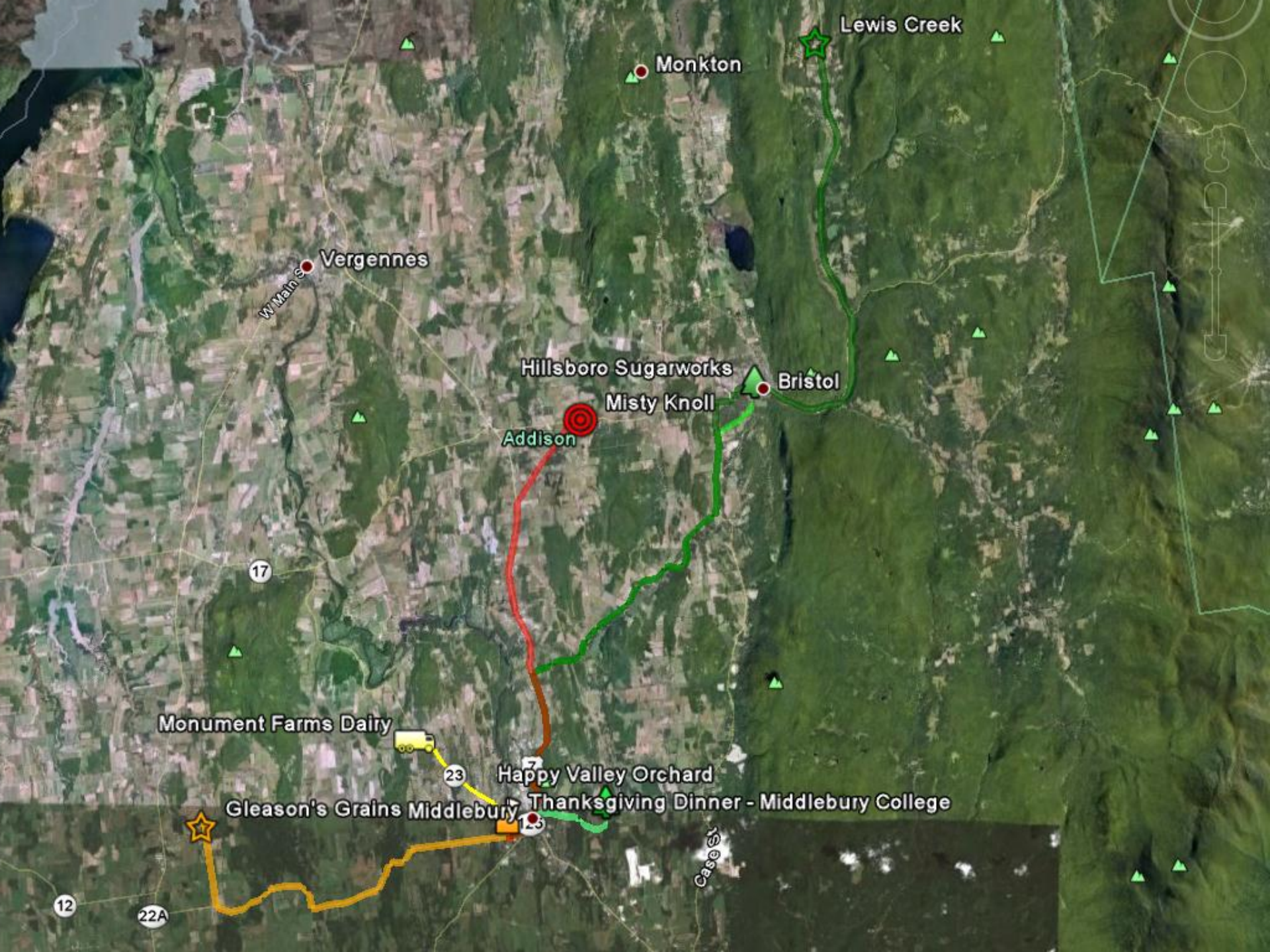


PIZZA eco
pizza
A DOMICILIO
02.760.222.57

PIZZA eco
pizza
A DOMICILIO
02.760.222.57

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pizza
A DOMICILIO
02.760.222.57

AE
8TA



Lewis Creek

Monkton

Vergennes

Hillsboro Sugarworks

Misty Knoll

Bristol

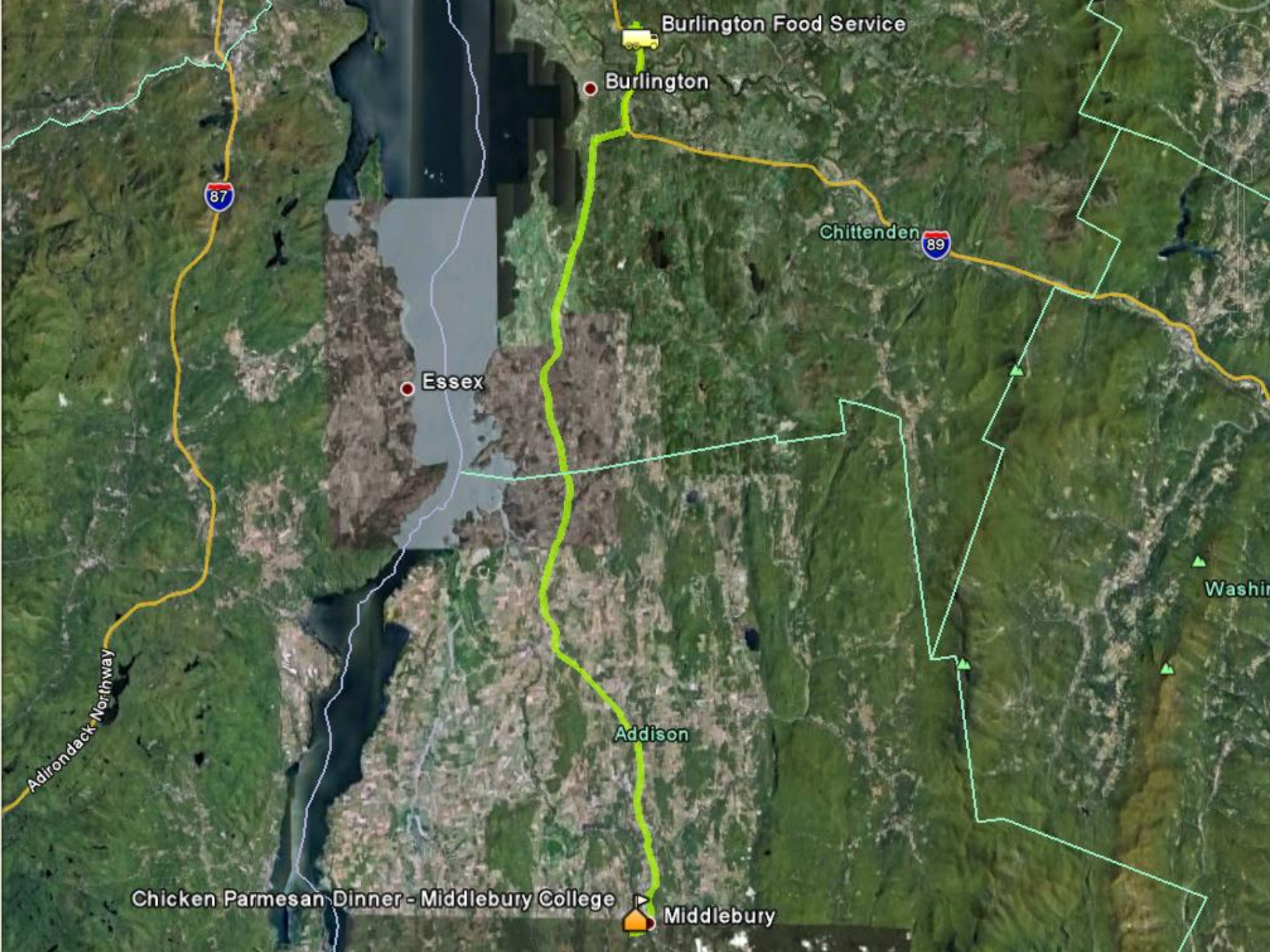
Addison

Monument Farms Dairy

Happy Valley Orchard

Gleason's Grains Middlebury Thanksgiving Dinner - Middlebury College

Case St



Burlington Food Service

Burlington

Chittenden

Essex

Addison

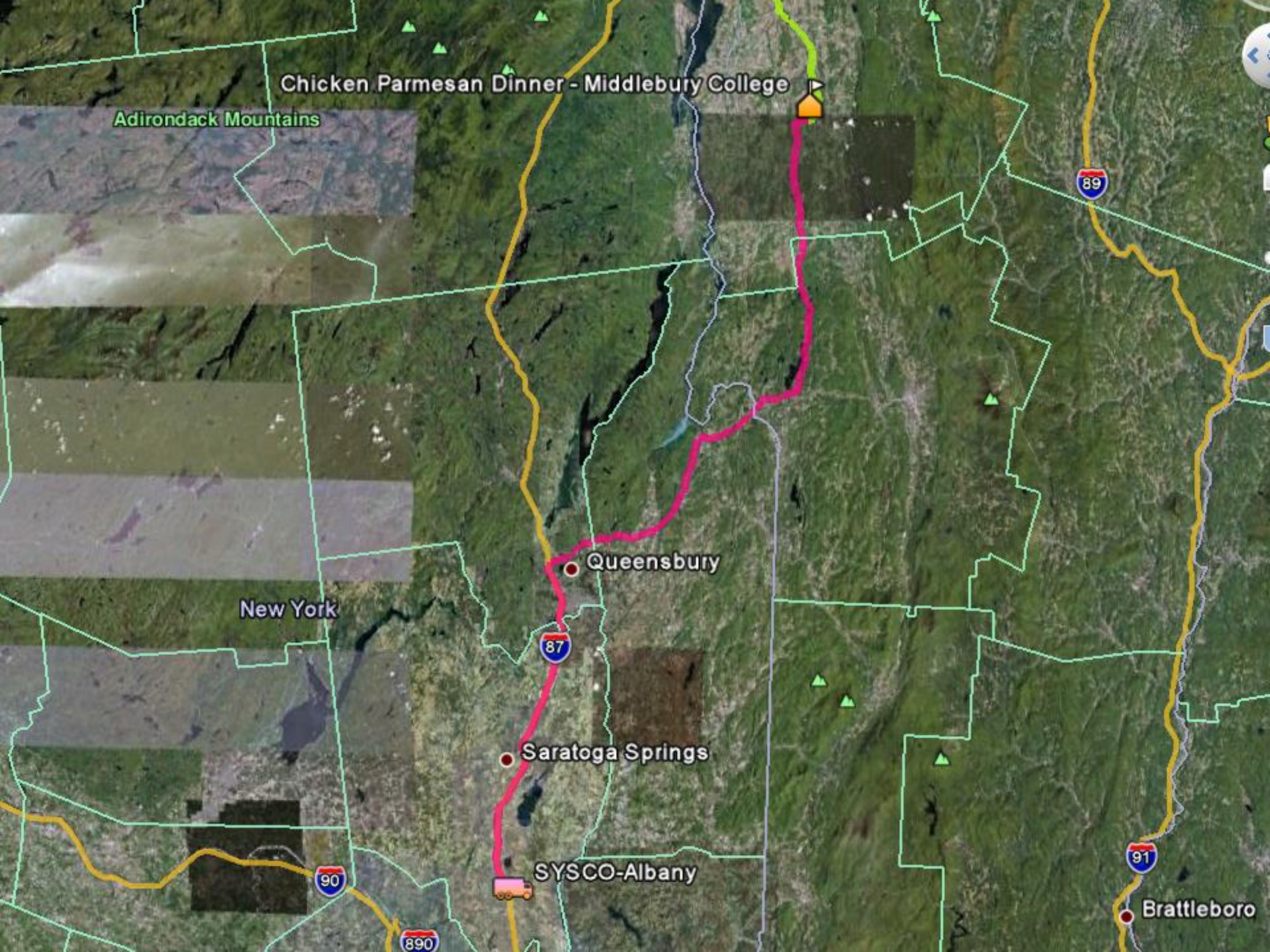
Washin

Chicken Parmesan Dinner - Middlebury College

Middlebury



Adirondack Northway



Chicken Parmesan Dinner - Middlebury College

Adirondack Mountains

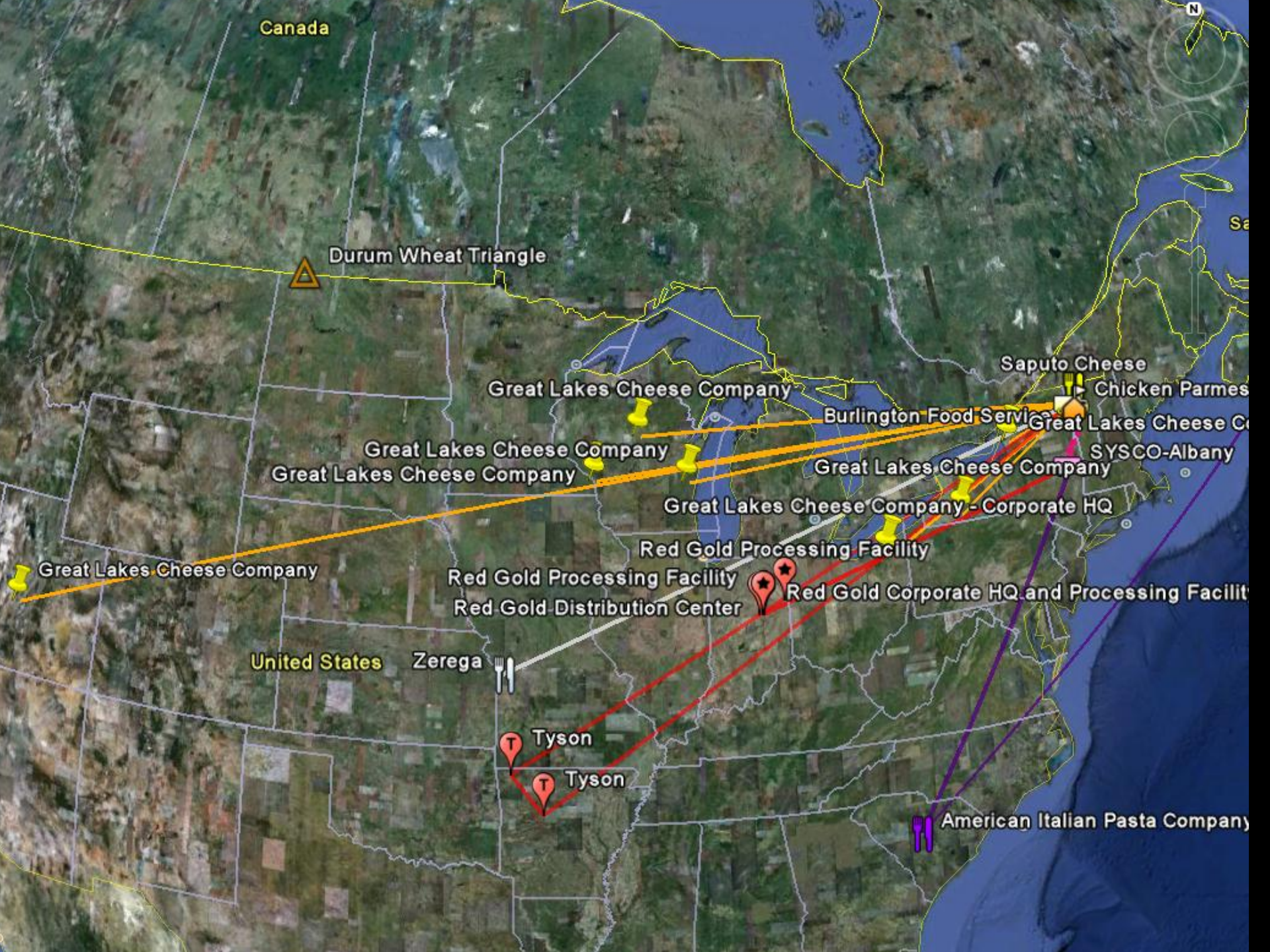
New York

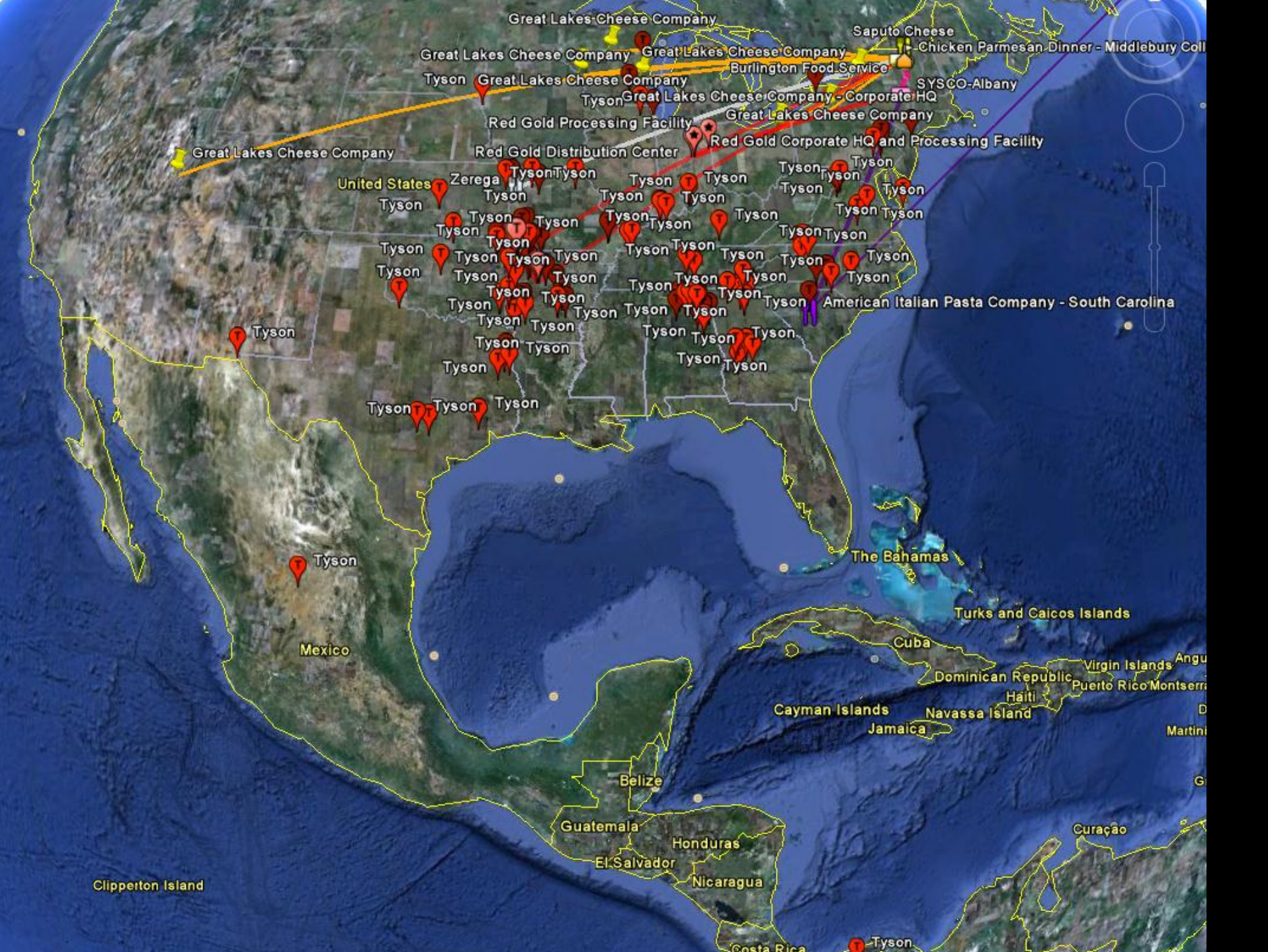
Queensbury

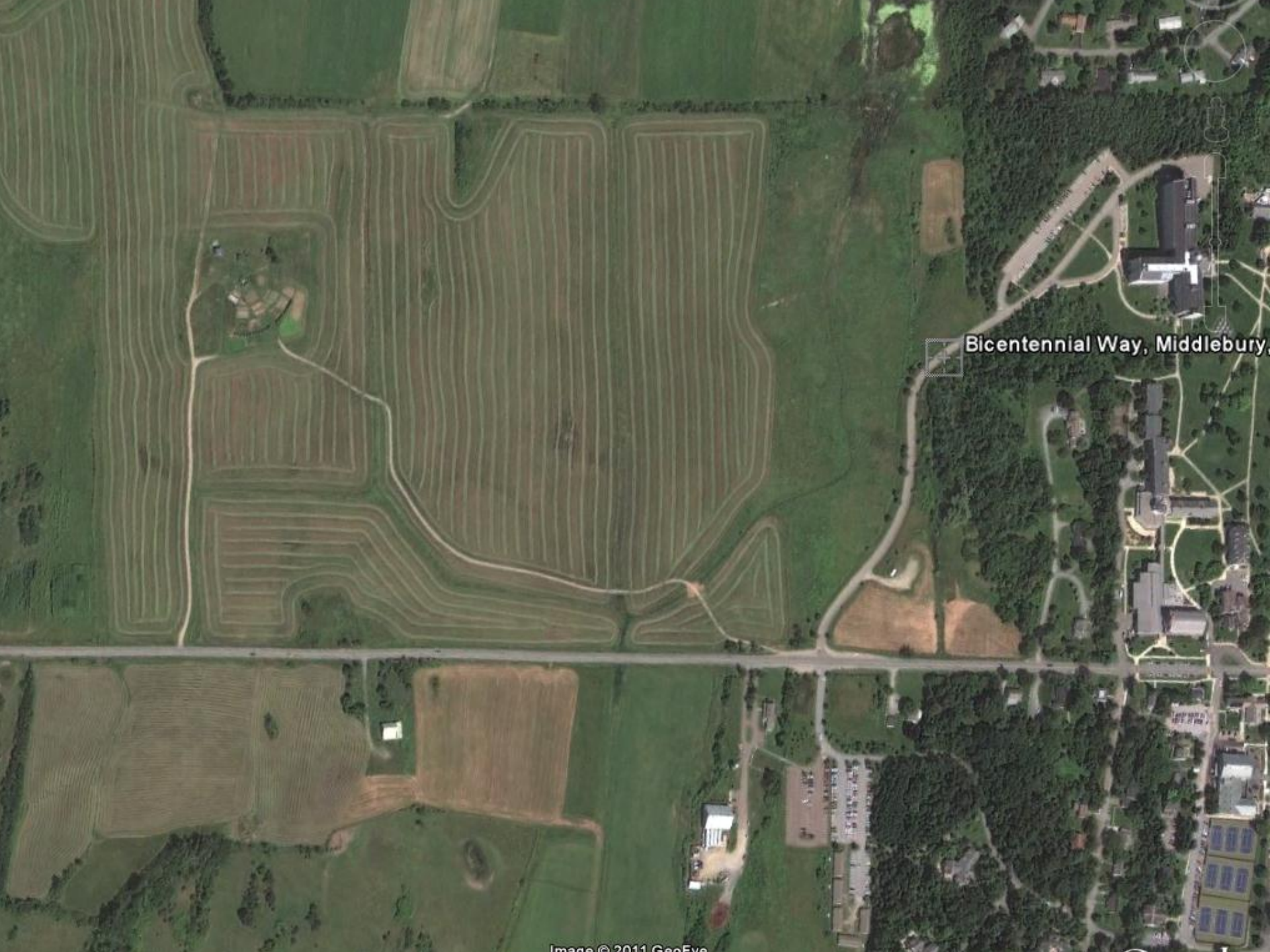
Saratoga Springs

SYSCO-Albany

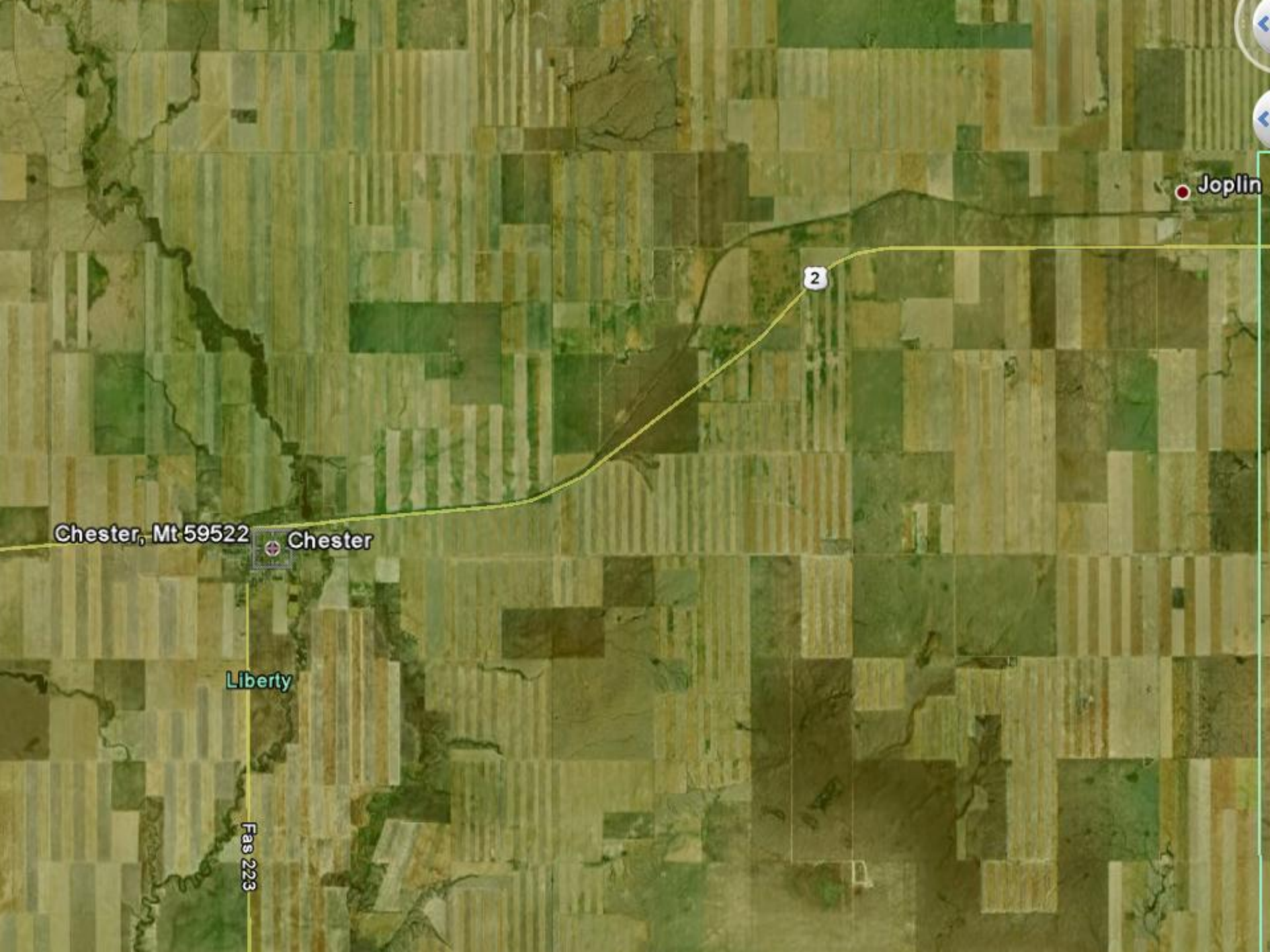
Brattleboro







Bicentennial Way, Middlebury,



Joplin

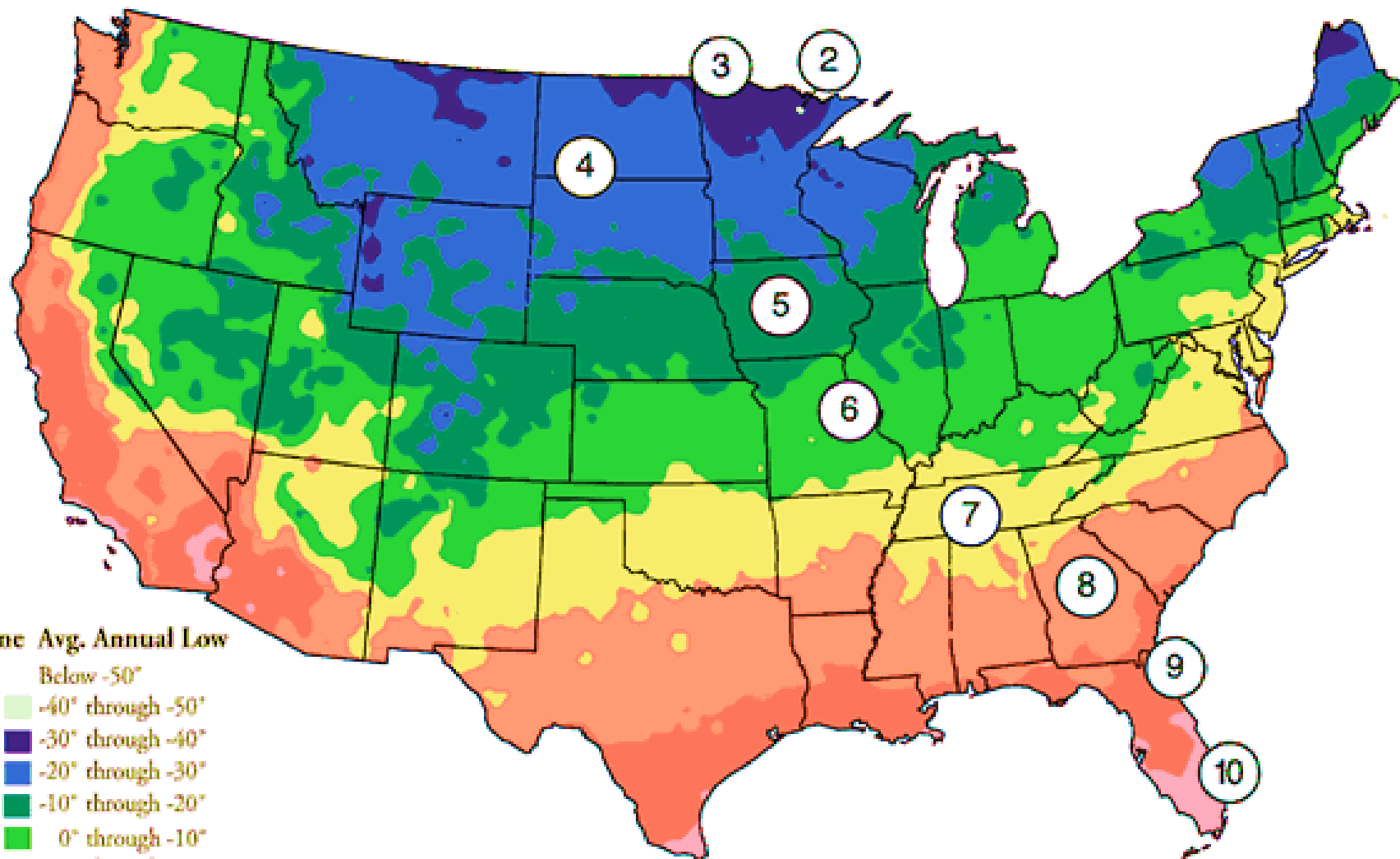
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Chester, Mt 59522

Chester

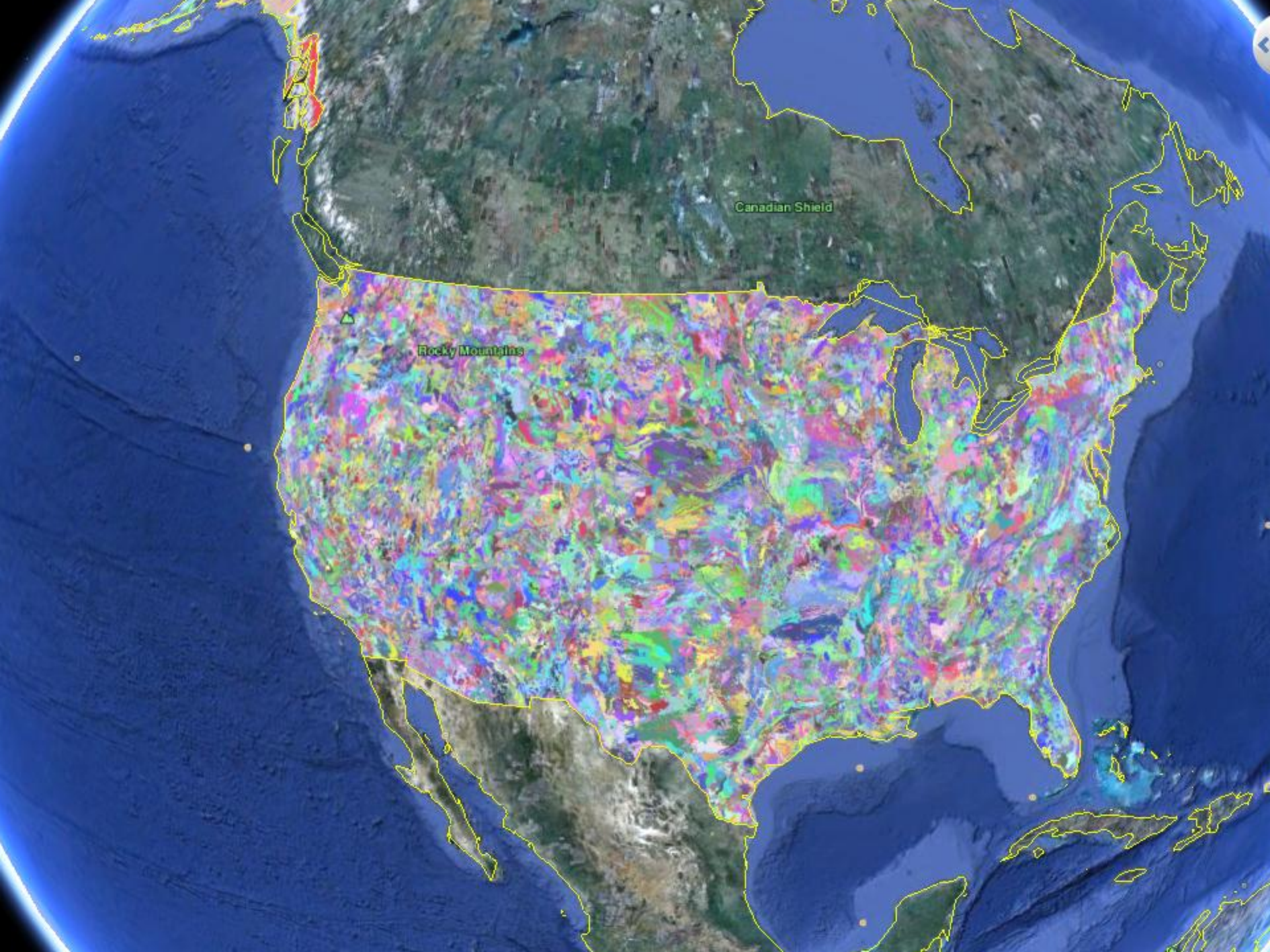
Liberty

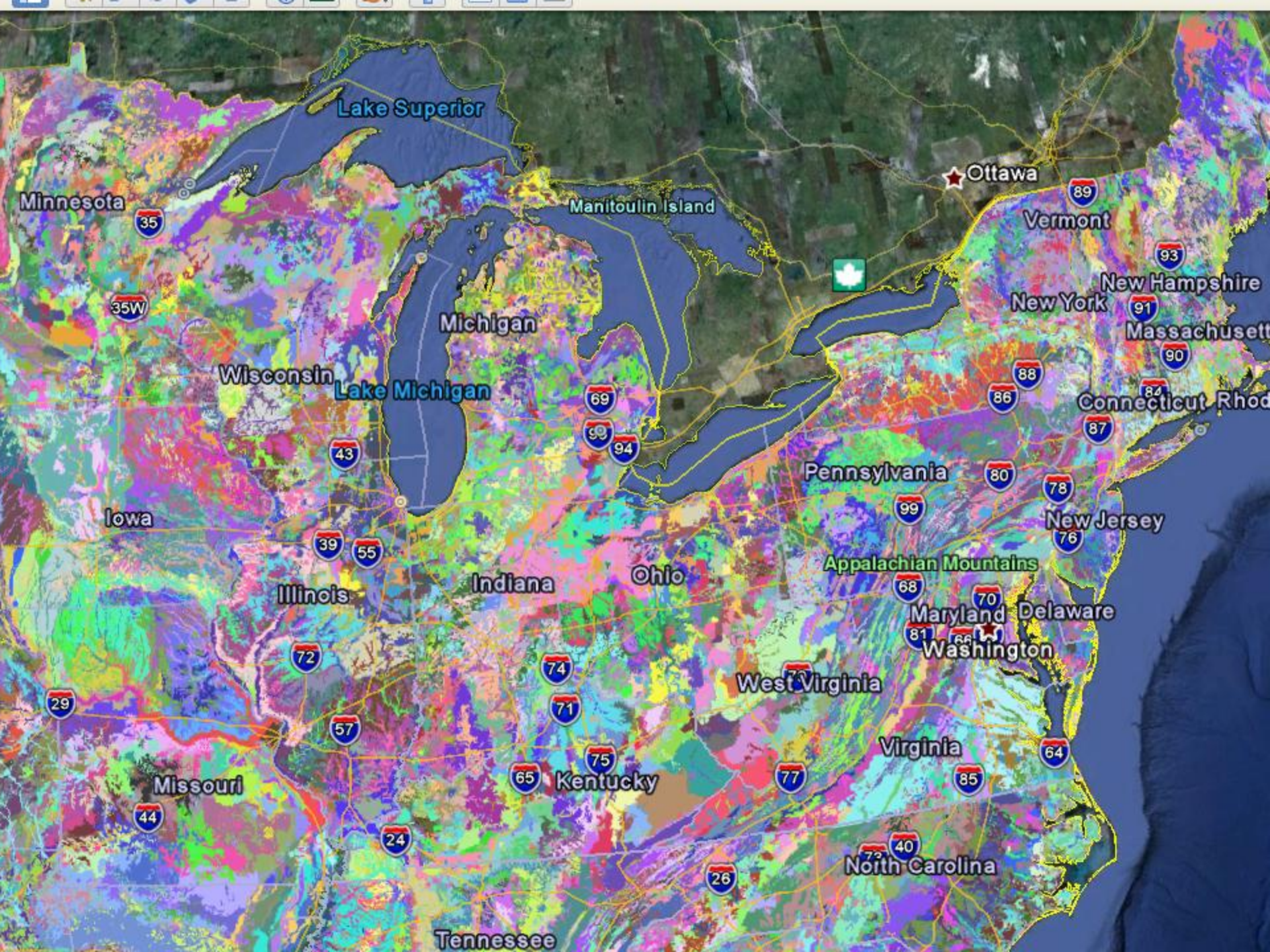
Fas 223



Zone Avg. Annual Low

- 1 Below -50°
- 2 -40° through -50°
- 3 -30° through -40°
- 4 -20° through -30°
- 5 -10° through -20°
- 6 0° through -10°
- 7 10° through 0°
- 8 20° through 10°
- 9 30° through 20°
- 10 40° through 30°









Bard College

Penn College of Technology

Penn State

Lafayette College

Harrisburg Community College

Delaware Valley College

Dickinson College

Gettysburg College

Baltimore

Philadelphia

Stamford
Yonkers
Bronx
New York
Brooklyn
Staten Island
Newark
Elizabeth
Paterson

Allentown

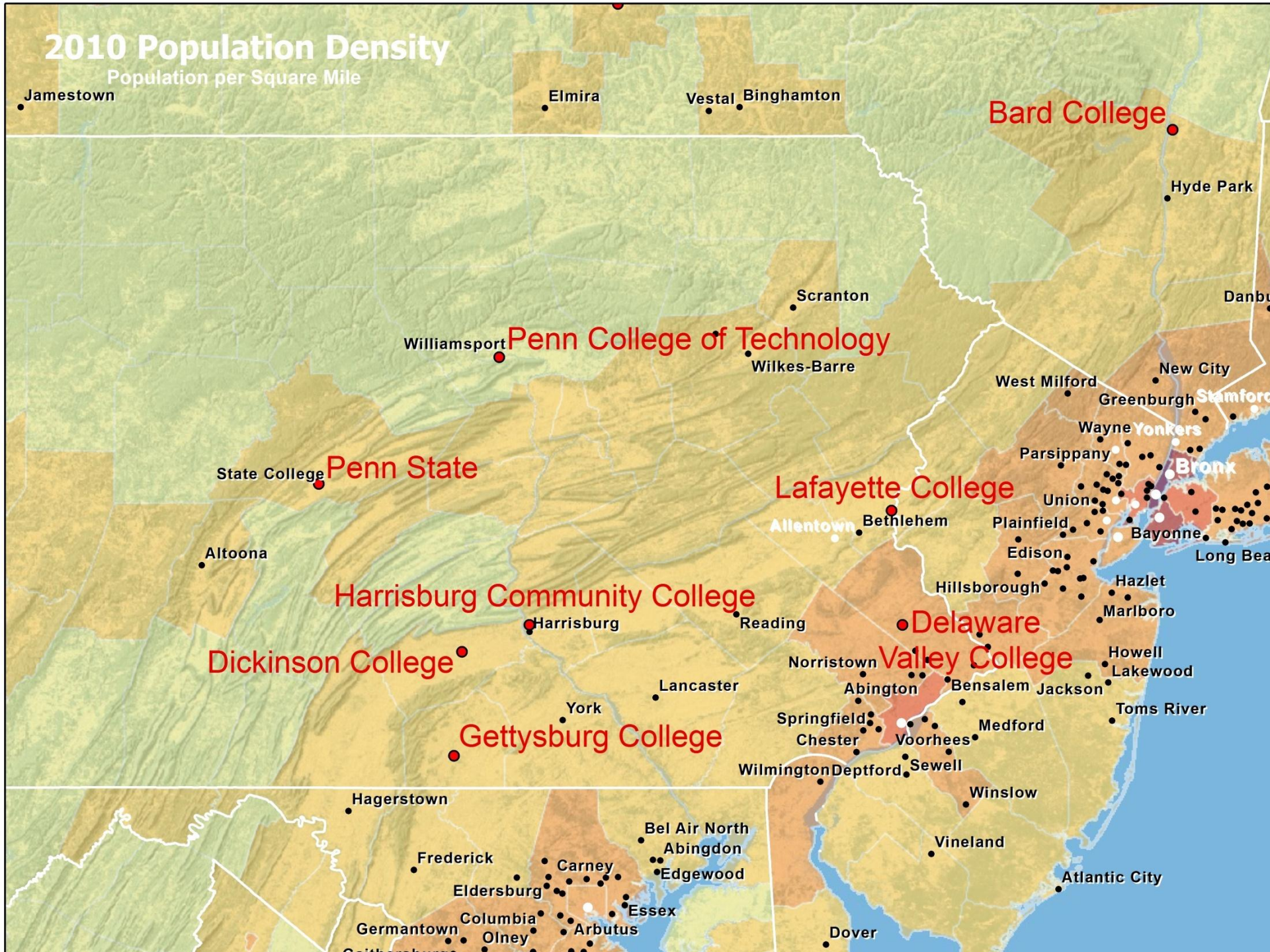
State	Size Rank in US	Square Miles	population	Population rank +	population density	Population density rank +
Florida	21	58681	18201310	2	310.1738	3
Illinois	24	56343	12830632	3	227.7236	6
Iowa	25	56276	3046355	9	54.1324	10
New York	30	49112	19378102	1	394.5696	2
Pennsylvania	33	45310	12702379	4	280.3438	4
Ohio	35	41328	11536504	5	279.145	5
Virginia	36	40598	8001024	6	197.0793	7
Kentucky	37	40411	4339367	8	107.3808	8
Vermont	43	9,615	625,741	11	65.07967	9
Massachusetts	45	8262	6547629	7	792.4993	1
New Brunswick, Canada*	~40.5	28149	729997	10	25.93332	11

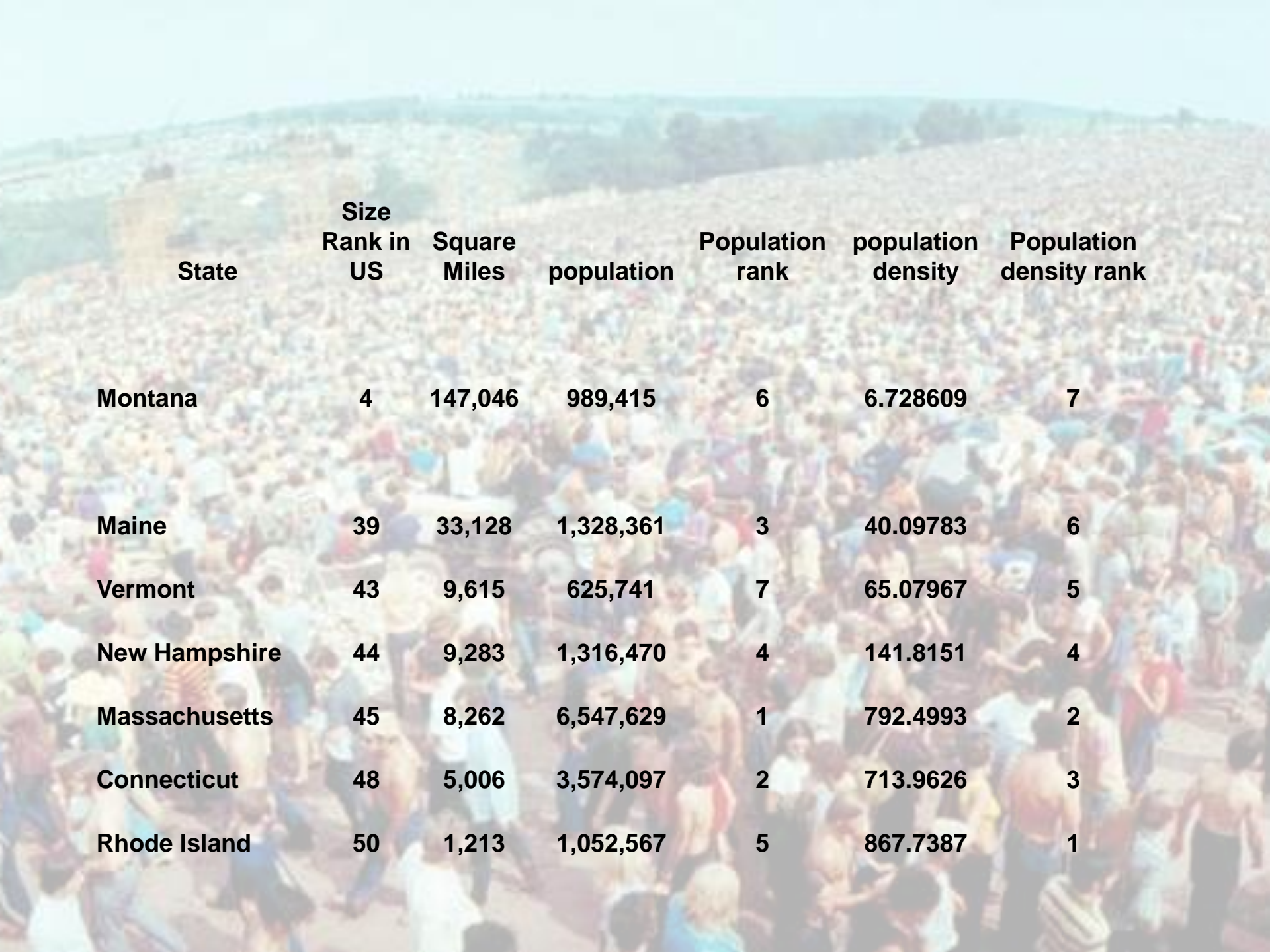
***2006 census**

+ representing attendees to conference

2010 Population Density

Population per Square Mile





State	Size Rank in US	Square Miles	population	Population rank	population density	Population density rank
Montana	4	147,046	989,415	6	6.728609	7
Maine	39	33,128	1,328,361	3	40.09783	6
Vermont	43	9,615	625,741	7	65.07967	5
New Hampshire	44	9,283	1,316,470	4	141.8151	4
Massachusetts	45	8,262	6,547,629	1	792.4993	2
Connecticut	48	5,006	3,574,097	2	713.9626	3
Rhode Island	50	1,213	1,052,567	5	867.7387	1

So, what
is local
anyway?



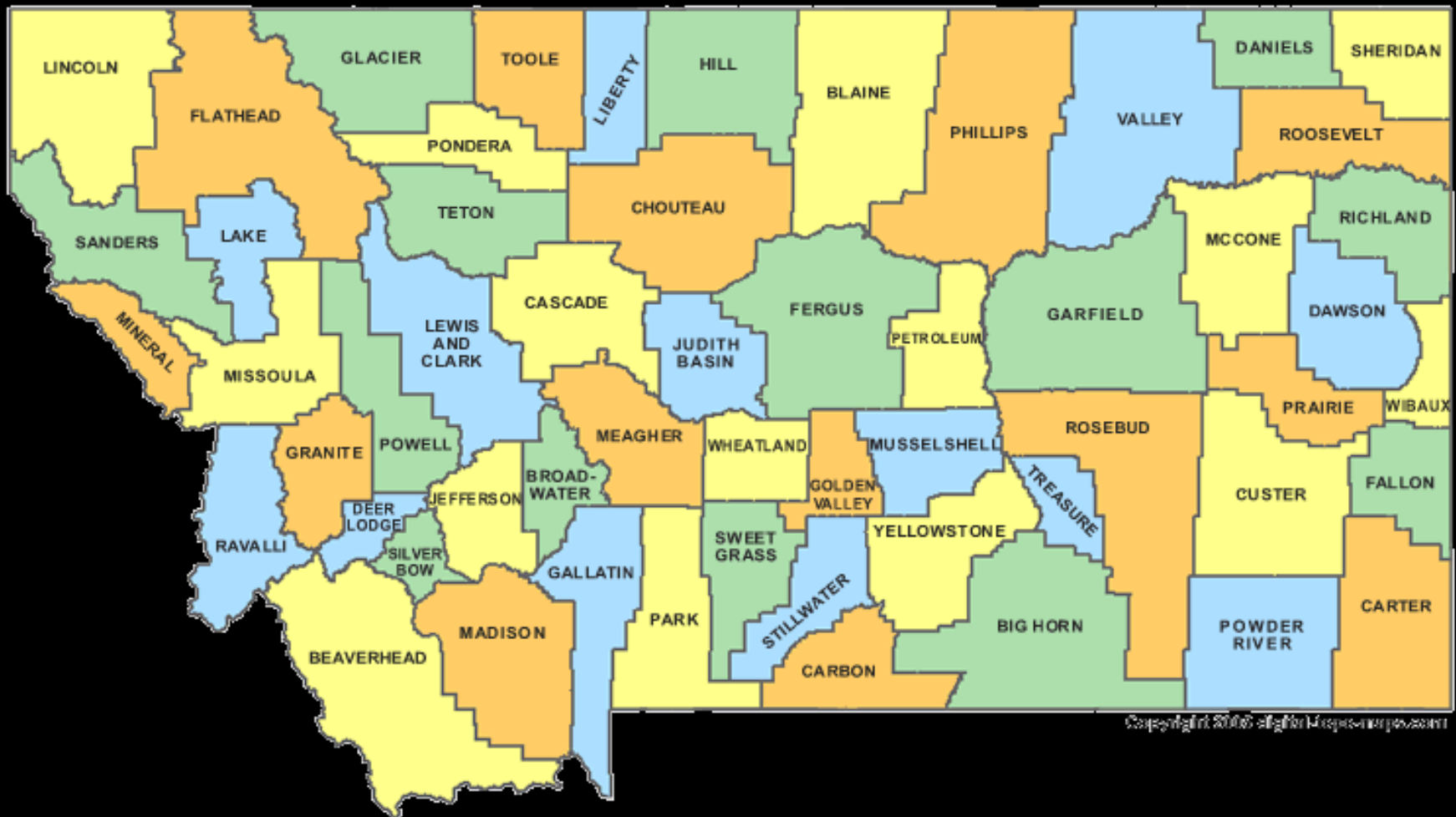
**Overheard at The Flavors of the World
Conference, September 2007**

**“McDonalds’s buys local. We
buy from the United States.”**

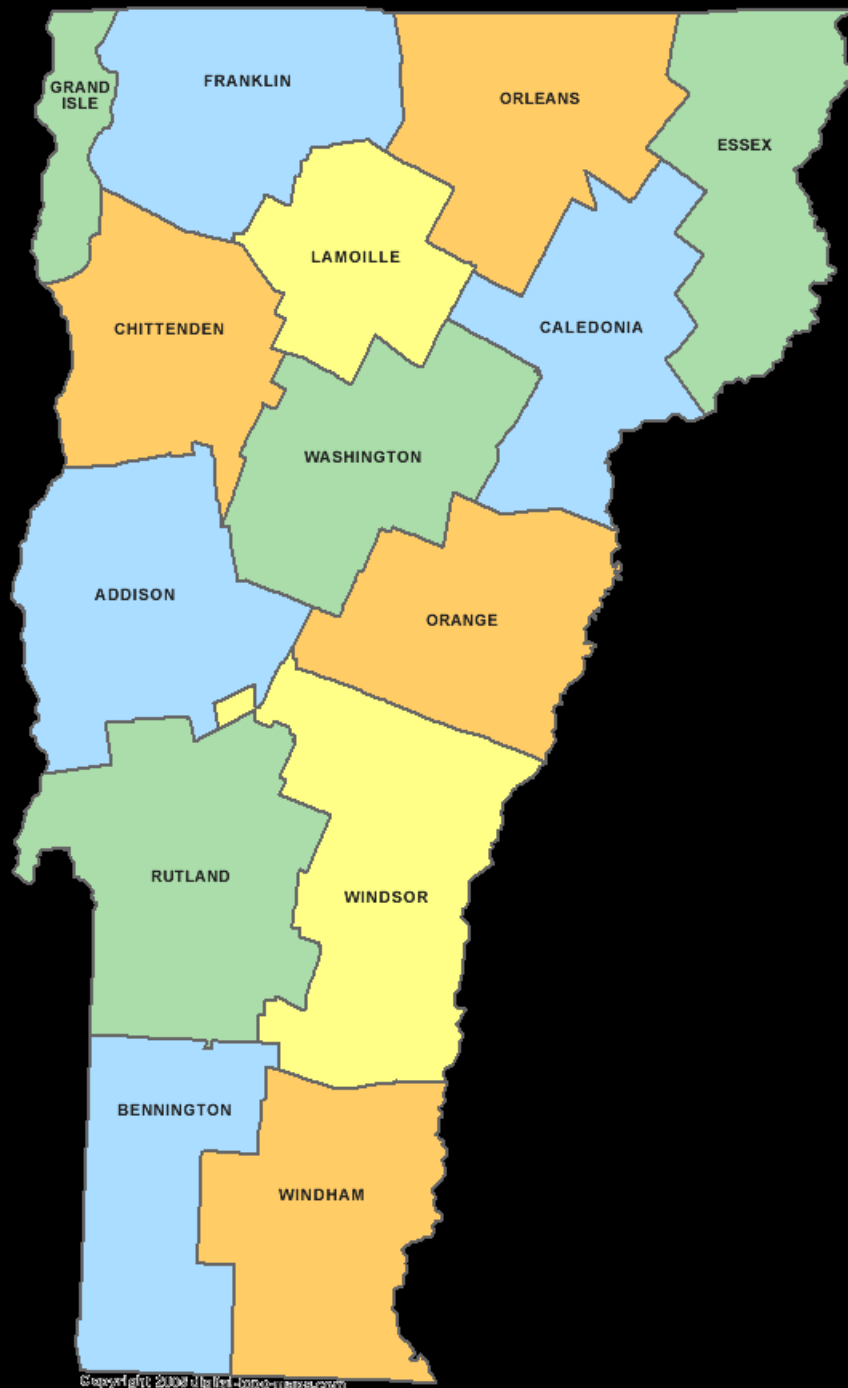


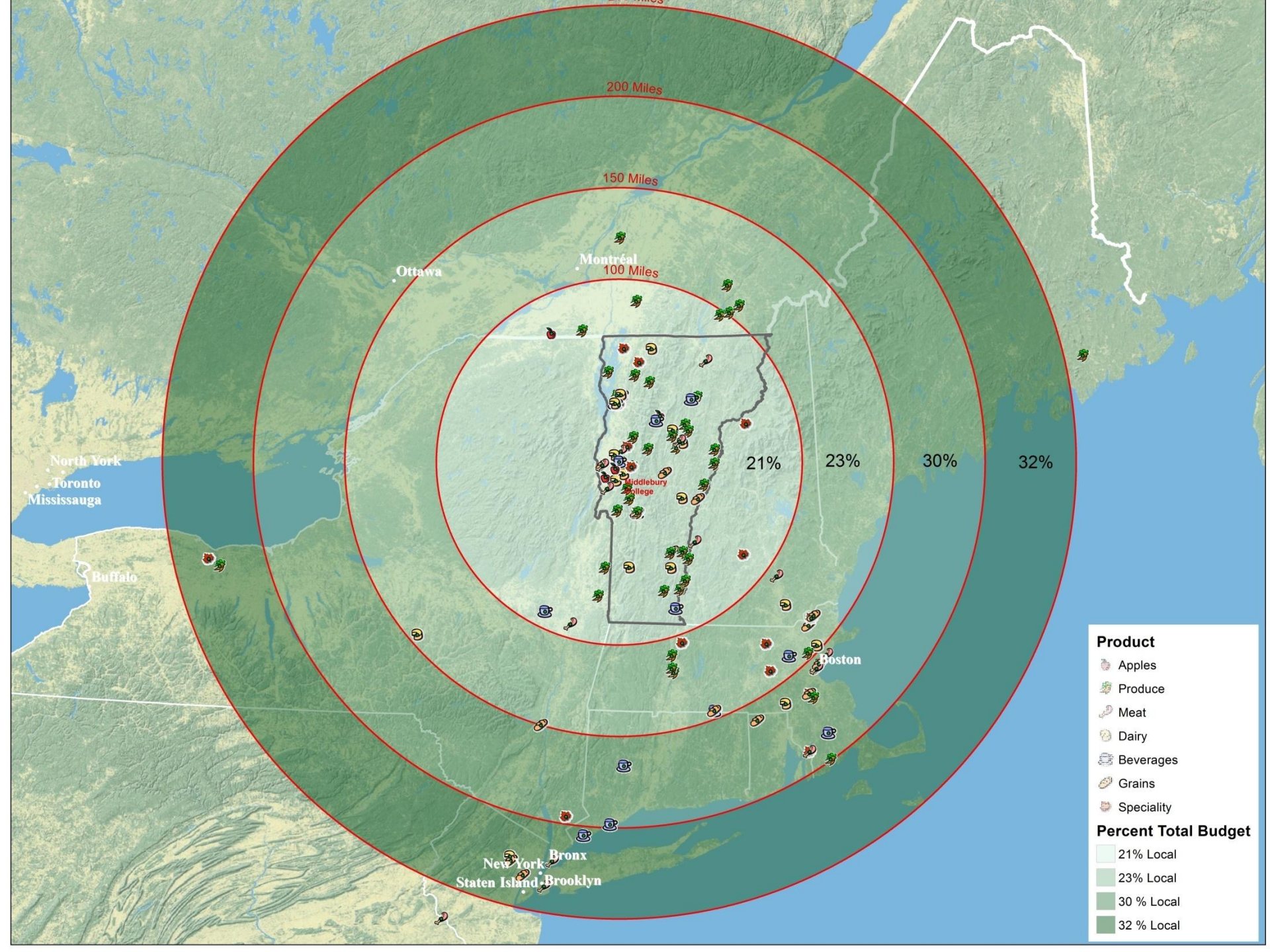
FOOD RAISED, GROWN OR WILD HARVESTED IN MONTANA OR UNIQUE TO THE STATE. FOOD PROCESSED OR MANUFACTURED BY A MONTANA-OWNED BUSINESS; AND/OR FOOD PROCESSED OR MANUFACTURED BY ANY BUSINESS THAT PRIMARILY USES RAW MATERIALS FROM MONTANA. YOU CAN SEE FROM THIS DEFINITION THAT WE'VE ESTABLISHED THE STATE OF MONTANA AS LOCAL.

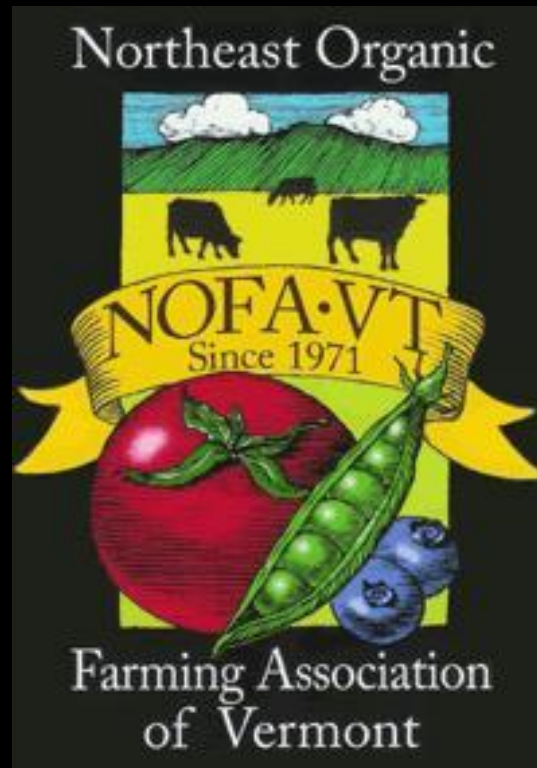
- MARK LOPARCO, UNIVERSITY OF MONTANA



15.29
Vermonts
will fit
into one
Montana











NOSTRANE
CT.1 KILO
€2,50

LEASMO
CT.1 KILO
€2,50

SICILIA
CT.1 KILO
€2,50

NOSTRANE
CT.1 KILO
€1,00

OLANDA
BUONE
CT.1 KILO
€1,00

€2,18

€2,18

€1,58

Antonio *Reecchia* Giovanni

ORTOFRUTTA SAN MARCO
Litorale Savallino - Treporti - Vè

ORTAGGI del CAVALLINO

NOSTRANE
CT.1 KILO
€2,00

LEASMO
CT.1 KILO
€2,00

LEASMO
CT.1 KILO
€1,30

ORTOFRUTTA SAN MARCO
Litorale Savallino - Treporti - Vè

TRENTINO

CESENA

 **Evio**





98,000 pounds of chicken annually

533,520 each	 Shell Eggs	Maple Meadow Egg Farm	Salisbury, VT
32,450 gallons	Milk and Cream	Monument Dairy	Weybridge, VT
4,500 gallons	Ice Cream	Wilcox Dairy	Manchester, VT
5,000 pounds	Sour Cream	Cabot Creamery	Cabot, VT
19,000 pounds	Yogurt	Cabot Creamery	Cabot, VT
7,000 pounds	Sour Cream	Cabot Creamery	Cabot, VT
11,150 pounds	Cheese	Cabot Creamery	Cabot, VT
15,522 pounds	Butter	Cabot Creamery	Cabot, VT
730 gallons	Pure Maple Syrup	Hillsboro Sugarworks	Starksboro, VT
		Stowe Sugarworks	Ripton, VT



1,800 Bushels Apples

Happy Valley Orchard

Middlebury, VT

Windfall Orchard

Cornwall, VT

Sunrise Orchard

Cornwall, VT

Champlain Orchard

Shoreham, VT

6,000 pounds Apple Sauce

Champlain Orchard

Shoreham, VT

3,700 pounds Sliced Apples

Champlain Orchard

Shoreham, VT

1,860 gallons Apple Cider

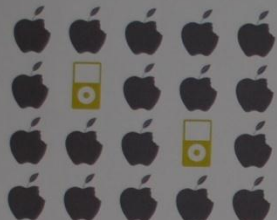
Happy Valley Orchard

Middlebury, VT

Monument Farm – third generation: Bob James, Jon Rooney & Peter James



McIntosh, Red Delicious,
Cortland, iPod, Empire...



Win one of 24 Apple iPods while picking apples
in a Vermont orchard.

Beginning Tuesday, September 23, special
reward apples are ripe for the picking at
Happy Valley Orchard and several nearby
orchards. To win one of these unique "iPod apples,"
look for and pick 24 "iPod apples" (the number
of apples of an iPod).

24 hours remaining when apples are still in
Vermont is a shame -- from taking on the
orchard's storage space to picking your
own apple from the tree.

For contest details and orchard
locations visit
www.appleipods.com.



APPLES

	1/2 Peck	Peck	1/2 Bushel	Bushel
Fancy	\$4 ⁵⁰	\$6 ⁷⁵	\$11 ⁵⁰	\$22 ⁰⁰
PYO <small>(Pick Your Own)</small>	\$4 ⁰⁰	\$6 ⁰⁰	\$10 ⁰⁰	\$18 ⁰⁰
Utility	\$3 ²⁵	\$4 ⁷⁵	\$8 ⁰⁰	\$15 ⁰⁰
Drops		\$2 ⁵⁰	\$3 ⁵⁰	\$6 ⁰⁰

HAPPY VALLEY ORCHARD

MAC'S
Apple
per one
bag of
apples
(MAX. 1/2 Bushel)
Every
TUESDAY
SENIOR
DAY



Raspberries
\$4.99/lb

Red
Delicious

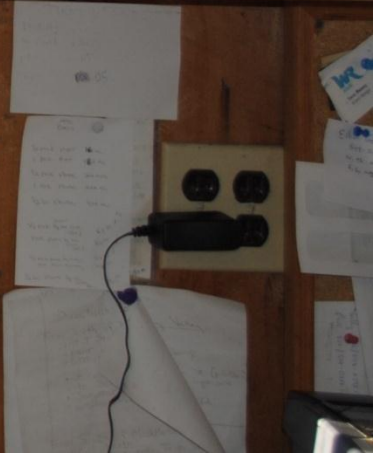
Empire

Spartan

Northern
Spy

Golden
Delicious

Macoun







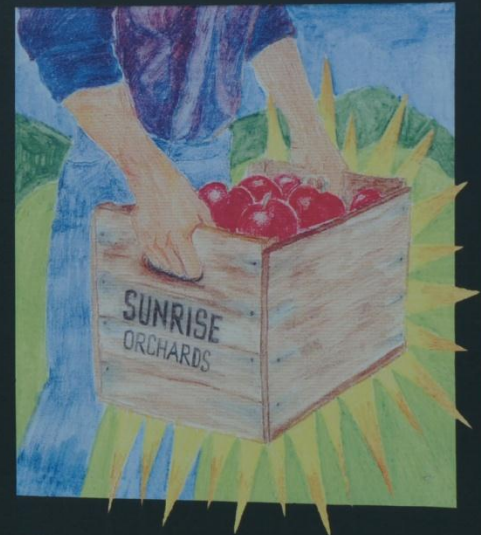


WINDFALL ORCHARD





SUNRISE



ORCHARDS





eco apples™

BORN AND RAISED HERE™

Trust the farmer. Know the orchard. LOVE the fruit.

- ☒ 12-3 LB.
- ☐ 8-5 LB.
- ☐ 5-8 LB.
- ☐ 8-TOTES

- ☐ U.S. EXTRA
FANCY
- ☐ U.S. FANCY
2 1/2" MIN

CORTLAND

1-034

eco
apples™

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Red Tomato
Canton, MA 02021
www.redtomato.org



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CORNWALL · VERMONT
PRODUCE OF USA

eco apples™

BORN AND RAISED HERE™

Trust the farmer. Know the
orchard. LOVE the fruit.

- ☐ 12-3 LB.
- ☐ 8-5 LB.
- ☐ 5-8 LB.
- ☐ 8-TOTES

1-034

CORTLAND

eco
apples™

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Distributed by:
Red Tomato
Canton, MA 02021
www.redtomato.org



- ☐ U.S. FANCY
- ☐ U.S. FANCY
2 1/2" MIN

GROWN AND PACKED BY
SUNRISE
O·R·C·H·A·R·D·S



CORNWALL · VERMONT
PRODUCE OF USA

GROWN AND PACKED BY
SUNRISE
O·R·C·H·A·R·D·S



CORNWALL · VERMONT
PRODUCE OF USA

- ☒ 12-3 LB.
- ☐ 8-5 LB.
- ☐ 5-8 LB.
- ☐ 8-TOTES

- ☐ U.S. EXTRA
FANCY
- ☐ U.S. FANCY
2 1/2" MIN

eco

WEEKEND
WINE
TASTING

**DRY
FIREWOOD**
(802) 897-2777

APPLES

Peaches

PLUMS

CIDER DONUTS

Cider

PEARS

MEAT



VT Wines

VT Honey & Syrup

Fresh Veggies

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MARKET**

&

BAKERY

**OPEN DAILY
8:00AM - 6:00PM**

Pick Your Own

RASPBERRIES

APPLES

OPEN









red tomato
Fresh produce. Fresh thinking.

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8 56326 00133 3
Champlain Orchards Min 4 lbs
Shoreham, VT Code # 2455822



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8 56326 00133 3
Champlain Orchards Min 4 lbs
Shoreham, VT Code # 2455822



McIntosh

**eco
apples™**

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October 24th Addison County Matchmaker Event for Growers & Buyers

Where:
Proctor Hall at Middlebury College
1 Hillcrest Road
Just off Route 125, next to the
tennis courts
Middlebury, VT 05753



[Driving Directions](#)

When:
Monday October 24, 2011 from
1:45 PM to 4:00 PM EDT
[Add to my calendar](#)

Dear Matthew,

Register today for **ACORN's Matchmaking Event on October 24th from 1:45 until 4:00.**

Our goal is to create a dynamic and engaging few hours where growers and buyers of various sizes can meet and determine opportunities to expand sales and purchases of fresh Addison County products. Retailers, school food service buyers, food contract companies, large and small scale farmers and producers are encouraged to attend. If you have any questions contact me for details.

To make this work well, we need some registration information. Click the "REGISTER NOW" link below. We will be sending a follow-up email with a survey that will help us define the matches best suited to your needs. Thanks for your interest!

[Register Now!](#)

[Sorry, I can't make it](#)

This event is sponsored by Middlebury College Dining and ACORN Wholesale Collaborative. Thank you for your interest and we look forward to seeing you. Please contact me if you have any questions.

Sincerely,
Annie Harlow
ACORN Wholesale Collaborative
ahhannieahh@yahoo.com
802-922-7060



Middlebury.



LEAVE A SMALL FOOTPRINT